

## Nutrition Facts

Serving Size: 1 Packet (19.5 g)  
Servings Per Carton: 7

Amount per Serving

Calories 70

Calories from Fat 0

% Daily Value\*

Total Fat 0.5 g **1%**

Saturated Fat 0 g **0%**

Cholesterol 10 mg **3%**

Sodium 40 mg **2%**

Potassium 70 mg **2%**

Total Carbohydrate 2 g<sup>†</sup> **1%**

Dietary Fiber 0 g **0%**

Sugar 0 g<sup>†</sup>

Sugar Alcohols 0 g

Other Carbohydrates 2 g

Protein 15 g **30%**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on your calorie needs.

		2,000	2,500
Total Fat	Less Than	65 g	80 g
Sat. Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Hydrolyzed Gelatin, Whey Protein Concentrate, Citric Acid. Contains less than 2 percent of: Malic Acid, Natural and Artificial Flavors, Potassium Citrate, Soy Lecithin, Acesulfame Potassium (non-nutritive sweetener), Beta Carotene Color, Silicon Dioxide, Turmeric Oleoresin Color, Red Beet Powder Color, Sucralose (non-nutritive sweetener).



## Beverage Mix

Protein-based snack for energy and nutrition

*peach mango*

Artificially Flavored

7 PACKETS - .68 oz / 19.5 g EACH (NET WT 4.7 oz / 136.5 g)

**Beverage Mix** Power up your system with a delicious and nutritious beverage mix. Bursting with fruit flavor, each serving includes 15 grams of protein and only 70 calories! Keep a packet with you at work, at the gym, or anytime you're on the go to enjoy an instant refreshing snack. Helps control your hunger when taken in conjunction with the ShapeWorks™ program.

<sup>†</sup>0 Gram  
net-impact  
carbs per  
serving

<sup>†</sup>Net-impact carbs include only those carbohydrates that cause a noted impact on blood sugar and insulin response. Fiber, sugar alcohols and other carbohydrates are excluded.

**DIRECTIONS:** Empty contents of one packet into a glass. Add 6 to 8 fl. oz of water and stir until dissolved. For variety, try our other delicious protein-rich snacks, too.

**INSTRUCCIONES:** Vacie el contenido de un sobre en un vaso. Agregue 6-8 oz. fl. de agua y revuelva hasta que se disuelva. Para variar, pruebe también nuestros otros deliciosos bocadillos ricos en proteína.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.